### LESSON #Z



### THEME: SHED THE NOISE

### SET-UP AA FOR CORNELL NOTES COPY THE EQ...

Cornell Notes	Topic/Objective:	LESSON #Z:	Name:	
Y	SHED THE NOISE		Class/Period:	
AVID			Date:	
Essential Question	ON: WHY IS SHED	DING THE NOISE S	O IMPORTANT WHEN IT	
	COMES TO D	EFINING YOUR ROA	D IN LIFE?	
Questions:	Notes:			
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	8 6			

### QUOTE OF THE LESSON:

"People actually told me that bouncing this ball would get me nowhere in life. And they are the same people who asked me for tickets to the 76ers when I was a head trainer for the Sixers... and the same ones who ask me for gear from Nike right now. The same people who told me I would be nothing."

Kevin Carroll
The Katalyst
Nike

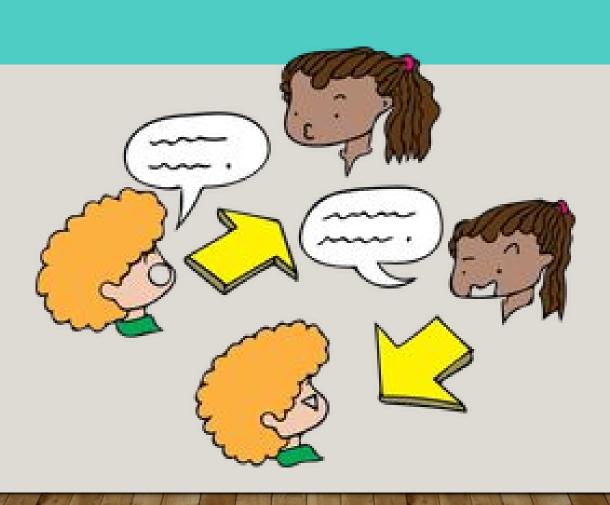
## SET-UP AA FOR CORNELL NOTES COPY THE EQ...

Cornell Notes	Topic/Objective:	LESSON #2:	Name:			
Y		SHED THE NOISE	Class/Period:			
AVID			Date:			
Essential Questi	on: WHY IS SHE	DDING THE NOISE S	O IMPORTANT WHEN IT			
	COMES TO I	EFINING YOUR ROA	d in life?			
Questions:	Notes:					
	"PEOPLE	"PEOPLE ACTUALLY TOLD ME THAT BOUNCING THIS BALL WOULD GET ME NOWHERE IN LIFE. AND THEY ARE THE SAME PEOPLE WHO ASKED ME FOR TICKETS TO THE 76ERS WHEN I WAS A HEAD TRAINER FOR THE SIXERS				
	WOULD					
	SAME P					
	76ERS U					
	AND THE	AND THE SAME ONES WHO ASK ME FOR GEAR FROM NIKE				
	RIGHT N	RIGHT NOW. THE SAME PEOPLE WHO TOLD ME I WOULD				
	BE NOTI	BE NOTHING."				
		KEYIN CARROLL				
		THE KATALYST				
		NIKE				

### RESPOND TO THE QOL PROMPTS ...

- What is the message in the quotation?
- How does this quotation resonate (connect) to you and your life experiences?
- What do you predict the lesson will be about?

#### PAIR/SHARE YOUR RESPONSES!



# WATCH INTRO VIDEO. TAKE C-NOTES.



#### AFTER YOU FINISH VIEWING ...



- Review your notes with a partner
- Highlight relevant information for each section of your notes
- Write a "Big Idea" statement for each section/today's notes

Cornell Notes	Topic/Objective:	Name:
AVID		Class/Period:
		Date:
Essential Questi	on:	
Questions:	Notes:	
100		
_		
Big Idea	a	
Summary:		

#### COMPLETE ONLINE ANALYSIS

- 1. Log-in to your RTN account.
- 2. Consult your notes.
- Read the information, and highlight the vocab. words in your Field Guide Glossary.
- 4. Complete your online responses!



# Watch Roadtrip Nation Interviews

- 1. CHOOSE 3 LEADER INTERVIEWS FROM THE RTN COLLECTION.
- Z. TAKE CN ON EACH VIDEO. INCLUDE NAME, OCCUPATION, AND 3 KEY DETAILS FROM EACH INTERVIEW.
- 3. EXPLAIN WHAT RESONATED/MOTIVATED/MOST RELATED TO



Browse Leaders who shed the Noise and overcame obstacles to build their life's work around what they love.



Browse videos by Themes that matter to you.



Find Leaders that share your interests.

4. RECORD THE INFORMATION FROM THE VIDEO IN YOUR FIELD GUIDE, STARTING ON PAGE 130

#### GO BACK TO YOUR NOTES!

# DEBRIEF

- Respond to the EQ.
- Which interview did you connect to most? Why?
- What is "The Noise" in your life? Where does it come from?
- How will you Shed the Noise?